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Job	You Will Be Asked To:
Hand Washing and Personal Protective Equipment (PPE)	<ul style="list-style-type: none"> ✓ Gather equipment, maintain clean technique, demonstrate correct hand washing technique, put on cover gown, mask, and gloves, then remove gloves, gown, and mask all in the correct order, correctly wash hands, and clean work area.
Change a Patient Gown	<ul style="list-style-type: none"> ✓ Identify the patient, introduce self and explain procedure, retrieve clean gown, verbalize the need for hand washing prior to beginning of procedure, provide privacy for the patient, remove soiled gown, dispose of soiled gown properly, apply the clean gown, position patient for safety and comfort, verbalize the need for hand washing after procedure.
Measure Vital Signs, Height, and Weight	<ul style="list-style-type: none"> ✓ Gather equipment, identify patient and explain procedures, verbalize hand washing, accurately take pulse, respirations, blood pressure, height, and weight, clean work area, and check patient for comfort and safety.
Transfer Patient from Bed to Wheelchair	<ul style="list-style-type: none"> ✓ Correct body mechanics to transfer patient with left-sided weakness from bed to wheelchair, and from wheelchair to bed.

makes an error while charting on paper. To correct the error, the health assistant should

continue charting and add the error information. This makes the error information available to the doctor.

- A indicates the source, and shows that the error was noted and corrected.
- B is incorrect because this action is not appropriate for correcting charting errors.
- C is incorrect because this action is not appropriate for correcting charting errors.
- D is incorrect because this action is not appropriate for correcting charting errors.

<p>25. When does the release of a medical record become legal?</p>	<p>C C is correct because the patient must provide his or her signature in order for the release of medical records to be legal. A is incorrect because the release of a medical record is not legal once it is notarized. B is incorrect because the release of a medical record is not legal with the doctor's signature. D is incorrect because the release of a medical record is not legal once the insurance company is notified.</p>
<p>26. A health assistant turns a computer screen away from a family in the doctor's office. This behavior is <u>most</u> consistent with</p>	<p>D D is correct because protecting a patient's privacy by turning a computer screen away from a family in a doctor's office is most consistent with HIPAA guidelines. A is incorrect because this behavior is not consistent with OBRA, which is associated with the Federal Nursing Home Reform Act. B is incorrect because this behavior is not consistent with WHO, the World Health Organization. C is incorrect because this behavior is not consistent with APHA, the American Public Health Association, which consists of public health professionals.</p>

Section 4: Study Checklists

Multiple Choice Test Study Checklists

This section contains "Study Checklists" for each standard. These checklists will give you more information about the test questions and help you to focus your studying.

Standard 1: First Aid and General Safety

Do you know how to:

- _____ Recognize and demonstrate appropriate first aid and emergency techniques (e.g., CVA, heat exhaustion)
- _____ Differentiate signs and symptoms requiring emergency care
- _____ Recognize and demonstrate fire safety and general safety procedures involved in patient care (e.g., RACE, PASS)
- _____ Recognize and demonstrate procedures for handling waste and hazardous materials (e.g., disposal of biohazardous waste, disposal of suture removal scissors)
- _____ Recognize signs, symptoms, and reporting mandates for violent and/or abusive situations
- _____ Recognize and demonstrate infection control measures, including standard precautions, hand washing techniques, isolation, and personal protective equipment (PPE) (e.g., immunization, preparatory procedure)

Things I Need to Focus On:

Standard 2: Medical Terminology

Do you know how to:

- ___ Identify and interpret word prefixes and suffixes
- ___ Identify and interpret combining forms (e.g., combining form for "blood vessel")
- ___ Identify and interpret approved medical abbreviations and acronyms (e.g., NPO, GI)
- ___ Identify and differentiate various medical and surgical definitions and conditions (e.g., blood clot that travels, encephalitis, cholecystectomy)

Things I Need to Focus On:

Documentation and Legal/Ethical Issues

Question	Correct Answer	Explanation
23. Leaving a patient in soiled linens for a long period of time is an act of	B	B is correct because leaving a patient in soiled linens for a long period of time is an act of negligence. Negligence is the act or omission in treatment of a patient by a medical professional that deviates from the accepted medical standard of care. A is incorrect because malpractice is the act or treatment of a patient by a medical professional that deviates from the accepted medical standard of care in which the patient is severely injured or dies. C is incorrect because abuse is the act of physically, mentally, or emotionally harming the patient. D is incorrect because abandonment is the act of withdrawing a patient from treatment without giving reasonable notice or providing a competent replacement.
24. Which scenario is <u>most</u> likely to cause the immediate dismissal of a health assistant?	A	A is correct because posting a patient's medical diagnosis on social media is a HIPAA violation. HIPAA violations are grounds for immediate dismissal. B is incorrect because arriving two hours late to a work appointment without notice is not professional but is not considered to be grounds for immediate dismissal. C is incorrect because smoking in a facility's designated smoke-free area is not professional but is not considered to be grounds for immediate dismissal. D is incorrect because being short with or showing rude expressions to a patient is not professional and should be avoided but is not considered grounds for immediate dismissal.

<p>22. Blurred vision and reduced hearing in an 82-year-old patient might be due to</p>	<p>A</p> <p>A is correct because blurred vision and reduced hearing in an 82-year-old patient might be due to degenerative changes.</p> <p>B is incorrect because dementia is a loss of brain function and includes the loss of language, memory, and perceptions.</p> <p>C is incorrect because Alzheimer's disease is a type of dementia that causes problems with memory, thinking, and behavior.</p> <p>D is incorrect because osteoporosis is a disease where bone mass and tissue weakens, leading to fragile bones.</p>
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Standard 3: Body Systems

Do you know how to:

- _____ Identify and interpret anatomical terms including body cavities (e.g., location of heart and lungs, proximal)
- _____ Identify normal structures and functions within body systems (e.g., integumentary system, long shaft of a bone)
- _____ Identify abnormal structures, functions, signs, and symptoms within body systems

Things I Need to Focus On:

Standard 4: Observation and Communication

Do you know how to:

- Recognize and practice professional patient and staff communications (e.g., military time)
- Recognize and report abnormal assessment findings (e.g., subjective and objective findings)
- Recognize and respect cultural diversity
- Recognize and provide care for all stages of growth and development

Things I Need to Focus On:

20.	Which of the following is an example of a subjective observation?	<p>B</p> <p>B is correct because a subjective observation is one that a health assistant makes based on some degree of interpretation, not simply facts. "The patient seemed nervous" is such an observation.</p> <p>A is incorrect because such an observation is based on fact and is considered to be objective.</p> <p>C is incorrect because such an observation is based on measurement and is considered to be objective.</p> <p>D is incorrect because such an observation is based on fact and is considered to be objective.</p>
21.	A patient has fallen while ambulating in the hallway. Which sign indicates the possibility of a fractured hip?	<p>C</p> <p>C is correct because external rotation of the foot is a sign of hip fracture.</p> <p>A is incorrect because crying and being cold are not signs of a hip fracture.</p> <p>B is incorrect because a small cut on the forearm is not a sign of a hip fracture.</p> <p>D is incorrect because moving the left leg is not a sign of a hip fracture.</p>

Observation and Communication

Question	Correct Answer	Explanation
<p>18. The <u>best</u> way for a health assistant to confirm the identity of a patient is to</p>	<p>C</p>	<p>C is correct because the best way for a health assistant to confirm the identity of a patient is to check the patient's name band. A is incorrect because the patient in the neighboring room might not provide accurate information. B is incorrect because confirming the patient's name on the chart is not the most effective way to ensure the identity of the patient. D is incorrect because checking the room number is not the most effective way to ensure the identity of the patient. Checking the patient's name band is less likely to result in error.</p>
<p>19. How is 4:20 p.m. expressed in military time?</p>	<p>B</p>	<p>B is correct because 4:20 p.m. is expressed in military time as 1620. To arrive at this number, add 4 hours and 20 minutes to 12:00 pm. A is incorrect because 4:20 p.m. is not expressed in military time as 0420. C is incorrect because 4:20 p.m. is not expressed in military time as 2020. D is incorrect because 4:20 p.m. is not expressed in military time as 2420.</p>

Standard 5: Documentation and Legal/Ethical Issues

Do you know how to:

- ___ Identify legal and ethical issues of concern for a health assistant (e.g., negligence)
- ___ Demonstrate understanding of confidentiality, HIPAA regulations, professional behaviors, guidelines, and legal practices of a health assistant (e.g., release of medical record with signature, medical consent forms)
- ___ Identify policies and procedures available for reporting legal/ethical concerns and issues
- ___ Demonstrate accurate documentation procedures (e.g., inaccurate charting entry, when to complete documentation)

Things I Need to Focus On:

Standard 6: Health Assistant Skills

Do you know how to:

- ___ Accurately measure and record vital signs, height, weight, and pain (e.g., common type of pulse, proper placement of thermometer)
- ___ Demonstrate proper body mechanics, including during patient transfer, positioning, lifting, and moving (e.g., patient position for examination of abdomen)
- ___ Assist with elimination needs (e.g., bowel and bladder)
- ___ Assist with obtaining body fluid specimens (e.g., content of specimen container label)
- ___ Assist with personal care and hygiene (e.g., recording of levels of emesis)
- ___ Obtain and accurately measure patient intake and output (I & O) (e.g., converting kilograms to pounds)
- ___ Assist with patient nutritional needs (e.g., diet for patient with stroke, balanced meal)
- ___ Assist with, observe, and report patient skin care conditions (e.g., prevention of pressure ulcers, where pressure ulcers develop)
- ___ Demonstrate accurate filing techniques for patient records
- ___ Identify and utilize appropriate procedures for cleaning equipment

Things I Need to Focus On:

17.	A reddish discoloration of the skin is	A	<p>A is correct because erythema is the superficial reddening of the skin resulting from irritation causing dilation of the blood vessels.</p> <p>B is incorrect because jaundice is yellow discoloration of the skin caused by a buildup of bilirubin in the blood.</p> <p>C is incorrect because cyanosis is a bluish discoloration of the skin due to oxygen deprivation.</p> <p>D is incorrect because albinism is a condition that involves the total absence of the pigment (melanin).</p>
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15. What is <u>most</u> serious when a patient falls?	<p>B is correct because slurred speech and a weakness on one side could indicate that the patient has suffered a stroke, and emergency aid should be sought for the patient.</p> <p>A is incorrect because although in this case, the patient should be checked for serious injury such as a broken bone, this is not the most serious sign listed.</p> <p>C is incorrect because although in this case, the patient should be checked for serious injury such as a broken bone, this is not the most serious sign listed.</p> <p>D is incorrect because although in this case, the patient should be checked for serious injury such as a broken bone, this is not the most serious sign listed.</p>
16. An injury that results from overstretching a ligament at a joint is a	<p>A</p> <p>A is correct because a sprain is a twisting or tearing of a ligament at a joint. Signs and symptoms of a sprain include pain, tenderness, immobility, and bruising.</p> <p>B is incorrect because a spasm is an involuntary contraction of a muscle. Signs and symptoms of a spasm are cramping and pain.</p> <p>C is incorrect because a dislocation is movement of a bone from a joint. Signs and symptoms of dislocation are pain, immobility, and deformity.</p> <p>D is incorrect because a strain is the overstretching of a muscle or tendon. Signs and symptoms of a strain are pain and swelling.</p>

Performance Test Checklists

Performance Checklists are included below with one for each performance job. These checklists will give you more information about the performance jobs and help you to focus your studying.

JOB 1: Hand Washing and Personal Protective Equipment (PPE)

Do you know how to:

___ Wash hands correctly?

___ Correctly don PPE?

Things I Need to Focus On:

JOB 2: Change a Patient Gown

Do you know how to:

_____ Change a patient gown and remove soiled gown?

Things I Need to Focus On:

13.	The substance that is surrounded by the cell membrane and fills each cell is the	B	<p>B is correct because the cytoplasm is the substance of a cell enclosed by the cell membrane.</p> <p>A is incorrect because the endothelium is the layer of cells that lines organs or cavities, such as the heart and blood vessels.</p> <p>C is incorrect because a neoplasm is a new growth of tissue.</p> <p>D is incorrect because hypoplasia is an underdevelopment or incomplete growth of tissue.</p>
14.	A patient with paralysis on his or her left side resulting from a CVA is suffering from	C	<p>C is correct because hemiplegia refers to paralysis on either the left or right side of a person's body.</p> <p>A is incorrect because paraplegia refers to paralysis from approximately the waist down, which is generally caused by spinal injuries.</p> <p>B is incorrect because cardioplegia refers to a procedure primarily used in cardiac surgery and consists of the intentional and temporary cessation of cardiac activity.</p> <p>D is incorrect because quadriplegia refers to a person who is paralyzed approximately from the shoulders down. Such paralysis is generally caused by spinal injuries.</p>

Body Systems

Question	Correct Answer	Explanation
11. The diaphragm is _____ to the heart.	B	B is correct because the diaphragm is inferior to the heart, meaning that it is below the heart. A is incorrect because the term, lateral, refers to something that is situated or extending to the side, or that is away from the midline of the body. C is incorrect because the term, medial, refers to something that is situated close to the midline of the body. D is incorrect because the diaphragm is not superior, or above the heart.
12. The esophagus is located in which body system?	C	C is correct because the esophagus is located in the digestive system. A is incorrect because the cardiovascular system includes the heart and networks of blood vessels that move blood from the heart to the lungs. B is incorrect because the endocrine system includes glands that secrete hormones directly into the bloodstream to regulate the body. D is incorrect because the reproductive system includes the reproductive organs.

JOB 3: Measure Vital Signs, Height, and Weight

Do you know how to:

- _____ Gather equipment, identify patient, and explain procedures?
- _____ Take a radial pulse, count respirations, and blood pressure?
- _____ Obtain height and weight?

Things I Need to Focus On:

JOB 4: Transfer Patient from Bed to Wheelchair

Do you know how to:

- Safely transfer a patient from a bed to a wheelchair?
- Safely transfer a patient from a wheelchair to a bed?

Things I Need to Focus On:

10.	A trauma victim with damage to an eye would be referred to a/an	A	<p>A is correct because an ophthalmologist specializes in the medical and surgical care of the visual system.</p> <p>B is incorrect because a pulmonologist specializes in the medical and surgical care of the lungs.</p> <p>C is incorrect because an audiologist specializes in the diagnosis and treatment of hearing loss and balance disorders.</p> <p>D is incorrect because an orthopedist specializes in the prevention and correction of disorders involving the skeleton.</p>
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Medical Terminology

Question	Correct Answer	Explanation
7. What abbreviation signifies "immediately?"	D	D is correct because the abbreviation, STAT, signifies "immediately." A is incorrect because the abbreviation, APC, signifies "antigen presenting cell." B is incorrect because the abbreviation, TPR, signifies "temperature, pulse, and respirations." C is incorrect because the abbreviation, TESD, signifies "total end-systolic diameter."
8. Patients who cannot have any food or water are	B	B is correct because the abbreviation, NPO, means that a patient is not allowed any food or water by mouth. Patients who are awaiting surgery are usually NPO. A is incorrect because PRN means "as necessary." C is incorrect because BID is an abbreviation for "twice daily." D is incorrect because DOA means "dead on arrival."
9. The surgical removal of the gallbladder is known as a	D	D is correct because the surgical removal of the gallbladder is known as a cholecystectomy. A is incorrect because a lobectomy is the surgical removal of a lobe, such as the lobe of a lung. B is incorrect because a gastrectomy is the surgical removal of all or part of the stomach. C is incorrect because a colectomy is the surgical removal of all or part of the colon.

Section 5: Sample Questions and Answer Key

Study Guide Questions

Below, and on the pages that follow, are sample questions. These exact questions will NOT appear on the test, and how well you perform on these questions is not necessarily a sign of how you will do on the official test. However, the sample questions WILL help provide an idea of what types of questions are asked on the test and how they are generally written. For each question below, circle the answer you think is correct and then check your work with the answer key provided.

First Aid and General Safety

- A health assistant finds a dressing dripping with blood on the floor while in a patient's room. The health assistant should
 - place the bandage in the garbage
 - place the bandage in a red "biohazard" bag
 - inform housekeeping of the need to clean the room
 - inform the head nurse of the location of the bandage
- A health assistant is helping a patient transfer from a bed to a wheelchair. The patient begins to fall. Which of the following should the health assistant do first?
 - Firmly grab the patient by the arms and guide him or her to the floor.
 - Place a pillow beneath the patient's head and move furniture away from the patient.
 - Place their arms around the transfer belt, pull the patient close, and lower.
 - Report the incident to the immediate supervisor right away.
- A health assistant is providing care to a child in a hospital setting. As the health assistant is leaving the room, the child's mother tells the health assistant in confidence that her husband physically abuses both her and the child. The health assistant should
 - report the conversation to his or her supervisor
 - talk to the husband and encourage him to get counseling
 - talk to the child to see if the mother is telling the truth
 - keep the information confidential as the mother requested

4. Transmission-based precautions should be used when a patient has been diagnosed with
- influenza
 - appendicitis
 - breast cancer
 - HIV
5. A health assistant is caring for a patient who has been diagnosed with chicken pox. What type of transmission-based precaution should the health assistant follow when providing direct care to this patient?
- airborne
 - droplet
 - infectious
 - contact
6. Of the choices below, the health assistant should first _____ before performing any patient procedure.
- provide privacy
 - wash hands
 - explain the procedure
 - record the procedure

Medical Terminology

7. What abbreviation signifies "immediately?"
- APC
 - TPR
 - TESD
 - STAT

<p>6. Of the choices below, the health assistant should first _____ before performing any patient procedure.</p>	<p>B</p> <p>B is correct because the first step to take before performing any patient procedure is to wash hands. This is to help prevent contamination when working with the patient. Generally, the preparatory procedures should be followed by the health assistant in this order: 1) wash hands, 2) identify the patient, and 3) explain the procedure.</p> <p>A is incorrect because the health assistant should wash his or her hands prior to identifying the patient and providing privacy. Because patients are usually identified by checking the wrist band, washing hands helps prevent contamination when working with the patient.</p> <p>C is incorrect because the health assistant should explain the procedure to the patient, but after washing hands and checking the patient's identity.</p> <p>D is incorrect because recording the procedure is part of charting and should occur immediately after, not before, completing the procedure.</p>
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<p>5. A health assistant is caring for a patient who has been diagnosed with chicken pox. What type of transmission-based precaution should the health assistant follow when providing direct care to this patient?</p>	<p>A</p>	<p>A is correct because chicken pox is transmitted through the air, independent of any moisture in the patient's respiratory tract. Airborne precautions are used for illnesses such as tuberculosis, chicken pox, and the measles. A person who is placed on airborne precautions would require an airborne infection isolation room (AIIR).</p> <p>B is incorrect because droplet isolation is used with illnesses that are transmitted via droplets of saliva or mucus found in the respiratory tract. These droplets exit the body when the patient breathes, coughs, or sneezes. Illnesses classified as droplet-based transmission include strep throat, scarlet fever, rubella, meningitis, and influenza (the flu).</p> <p>C is incorrect because "infectious" is not a term used to describe a type of transmission-based precaution.</p> <p>D is incorrect because contact isolation is used with illnesses that are transmitted through direct contact with a contagious person, wound, and/or their personal belongings, clothing, or bedding. Illnesses in this category include some skin or wound infections, such as MRSA or vancomycin-resistant enterococci (VRE), gastrointestinal infections, and some respiratory infections.</p>
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8. Patients who cannot have any food or water are
- A. PRN
 - B. NPO
 - C. BID
 - D. DOA

9. The surgical removal of the gallbladder is known as a
- A. lobectomy
 - B. gastrectomy
 - C. colectomy
 - D. cholecystectomy

10. A trauma victim with damage to an eye would be referred to a/an

- A. ophthalmologist
- B. pulmonologist
- C. audiologist
- D. orthopedist

Body Systems

11. The diaphragm is _____ to the heart.
- A. lateral
 - B. inferior
 - C. medial
 - D. superior

12. The esophagus is located in which body system?
- A. cardiovascular
 - B. endocrine
 - C. digestive
 - D. reproductive

13. The substance that is surrounded by the cell membrane and fills each cell is the

- A. endothelium
- B. cytoplasm
- C. neoplasm
- D. hypoplasia

14. A patient with paralysis on his or her left side resulting from a CVA is suffering from

- A. paraplegia
- B. cardioplegia
- C. hemiplegia
- D. quadriplegia

15. What is most serious when a patient falls?

- A. reports of wrist aches
- B. slurred speech and weakness on one side
- C. abrasions on the knees and one elbow
- D. tenderness of ankle

16. An injury that results from overstretching a ligament at a joint is a

- A. sprain
- B. spasm
- C. dislocation
- D. strain

17. A reddish discoloration of the skin is

- A. erythema
- B. jaundice
- C. cyanosis
- D. albinism

4. Transmission-based precautions should be used when a patient has been diagnosed with

A

A is correct because influenza, or more commonly referred to as "the flu," is passed through droplets of saliva and mucous found in the respiratory tract of the patient. It is a known contagious illness with a known portal of exit and entry. Healthcare workers protect themselves against contamination through the use of droplet precautions, transmission-based precautions that require the healthcare worker wear gloves, a gown, and a mask if they will be working within 3 feet of the infected individual.

B is incorrect because appendicitis is generally not caused by a pathogen and is therefore not contagious. Standard precautions should be used in this case.

C is incorrect because breast cancer is not considered a contagious disease. Healthcare workers use standard precautions when caring for a patient with breast cancer.

D is incorrect because, although HIV is communicable, it is a bloodborne illness. There are no precautions taken beyond standard precautions when caring for someone with a bloodborne illness.

<p>3. A health assistant is providing care to a child in a hospital setting. As the health assistant is leaving the room, the child's mother tells the health assistant in confidence that her husband physically abuses both her and the child. The health assistant should</p>	<p>A</p> <p>A is correct because any time a health assistant knows of child abuse, he or she is required by law to report it. The health assistant should follow the policy of the individual facility. In most cases, this policy directs the health assistant to report their suspicions to their direct supervisor, and it is the supervisor's responsibility to contact the proper investigating agency/authorities.</p> <p>B is incorrect because child abuse must be reported to the proper authorities. Confronting the husband correctly could create a dangerous situation for the mother and child as well as the worker.</p> <p>C is incorrect because the mother's statement is enough to warrant notifying the proper authorities. Also, it is inappropriate to involve the child in an attempt to determine the mother's honesty.</p> <p>D is incorrect because, although confidentiality is important in healthcare work, the requirement to report abuse supersedes any need for confidentiality.</p>
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Observation and Communication

18. The best way for a health assistant to confirm the identity of a patient is to
- ask the patient in the neighboring room
 - confirm the name is on the chart
 - check the patient's name band
 - check the room number
19. How is 4:20 p.m. expressed in military time?
- 0420
 - 1620
 - 2020
 - 2420
20. Which of the following is an example of a subjective observation?
- The patient consumed half the meal.
 - The patient seemed nervous.
 - The patient's blood pressure was high.
 - The patient vomited.
21. A patient has fallen while ambulating in the hallway. Which sign indicates the possibility of a fractured hip?
- The patient is crying and cold.
 - There is a small cut on the patient's forearm.
 - The patient's left foot is externally rotated.
 - The patient is moving the left leg.

22. Blurred vision and reduced hearing in an 82-year-old patient might be due to

- A. degenerative changes
- B. dementia
- C. Alzheimer's disease
- D. osteoporosis

Documentation and Legal/Ethical Issues

23. Leaving a patient in soiled linens for a long period of time is an act of

- A. malpractice
- B. negligence
- C. abuse
- D. abandonment

24. Which scenario is most likely to cause the immediate dismissal of a health assistant?

- A. posting a patient's medical diagnosis on social media
- B. arriving two hours late to a work appointment without notice
- C. smoking in a facility's designated smoke-free area
- D. being short with or showing rude expressions to a patient

25. When does the release of a medical record become legal?

- A. once it is notarized
- B. with the doctor's signature
- C. with the patient's signature
- D. once the insurance company is notified

<p>2. A health assistant is helping a patient transfer from a bed to a wheelchair. The patient begins to fall. Which of the following should the health assistant do <u>first</u>?</p>	<p>C</p>	<p>C is correct because if a fall cannot be avoided, the health assistant should put his or her arms around the patient's transfer belt/torso and pull the patient close, widen their base of support, and put one foot in front of the other. This stance allows the patient to "slide" down his or her leg safely onto the floor while protecting the patient's head.</p>
		<p>A is incorrect because firmly grabbing the patient by the arms and guiding them to the floor risks injury to the patient's arms, shoulders, or skin by holding on to the arms tightly during a fall.</p>
		<p>B is incorrect because placing a pillow beneath a patient's head and moving furniture away from the patient are done if the patient is displaying signs and symptoms of a seizure.</p>
		<p>D is incorrect because although the health assistant should report the dizziness and incident regarding the fall to the supervisor, this is done after the patient is safe.</p>

Answer Key

First Aid and General Safety

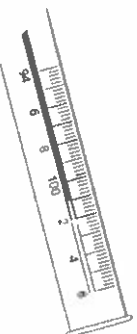
Question	Correct Answer	Explanation
1. A health assistant finds a dressing dripping with blood on the floor while in a patient's room. The health assistant should	B	B is correct because a dressing dripping with blood is considered hazardous material and should be disposed of in a red "biohazard" bag. A is incorrect because a dressing dripping with blood is considered hazardous material and should not be disposed of in the same manner as non-hazardous waste. Proper disposal will minimize the chance of contamination. C is incorrect because the health assistant should dispose of the dressing while taking proper precautions. D is incorrect because the health assistant should dispose of the dressing while taking proper precautions.

26. A health assistant turns a computer screen away from a family in the doctor's office. This behavior is most consistent with
- A. OBRA
 - B. WHO
 - C. APHA
 - D. HIPAA

27. A health assistant makes an error while charting on paper. To correct the error, the health assistant should
- A. cross out the error, initial, and continue charting
 - B. use Wire-Out® to cover the error, enter the correct information over the Wire-Out®, and continue charting
 - C. black out the error, write the correct information after it, initial, and continue charting
 - D. obtain a new sheet of paper and re-do the charting correctly

Health Assistant Skills

28. The reading on this thermometer is



- A. 100.0 degrees
- B. 100.1 degrees
- C. 100.5 degrees
- D. 101.0 degrees

29. When lifting a patient, the type of movement most likely to cause injury is
- A. lifting with a full body sling
 - B. keeping the patient close to the caregiver
 - C. adjusting the bed to a proper height
 - D. bending and twisting while lifting

30. A patient has just finished eating lunch. The patient drank two-thirds of a 6-oz glass of milk, 125 mL of coffee, and half of an 8-oz bowl of soup. How many milliliters should the health assistant record on the I & O sheet?

- A. 250 mL
- B. 300 mL
- C. 365 mL
- D. 375 mL

31. A patient with difficulty swallowing should be placed on a/an _____ diet.

- A. soft
- B. puréed
- C. edentulous
- D. NAS

32. When filing patient medical records, which should appear first in the file?

- A. Maria Sebastian
- B. Sarah Simms-Alva
- C. John McMolland
- D. Andrew Metis

33. Autoclaving is used to

- A. destroy all microorganisms
- B. provide music for patients
- C. clean disposable instruments
- D. screen patients for cancer

34. A patient has an activity order to walk. Before ambulation, the health assistant must first

- A. take off the patient's socks
- B. call the occupational therapist
- C. stand the patient upright
- D. dangle the patient's legs

35. How often does a patient who is comatose require oral care?

- A. once a day
- B. twice a day
- C. every 2 to 4 hours
- D. every 5 to 9 hours